



# An all-day in-person conference for seniors and their families, caregivers, legal and healthcare professionals

## 8:30 - 9:10 Registration, light breakfast & opportunity to visit kiosks

9:10 - 9:20 Welcome & Introductions

### 9:20 - 9:40 Elder Mistreatment and Prevention

Elder Abuse: What is it and how can we prevent it? Why we don't need another protection law. How can a family member ensure that the caregiver that they are hiring has been checked? Are bank employees trained to spot financial abuse?

### Presenter: Dr. Daphne Nahmiash, Ph.D.

Past President of Handicap Life Dignity &

Affiliate Member of McGill Research Centre for Stud

Affiliate Member of McGill Research Centre for Studies on Aging.

9:40 - 9:50 Question and Answer Period

# 9:50 - 10:10 Seniors' Rights and Responsibilities in CHSLDs (Long-Term Care Facilities) and in Autonomous Seniors' Residences

Are your obligations equivalent to those of a tenant renting an apartment? What if you become ill and require additional care, can your lease be cancelled by the Residence or by yourself? What can you do should the conditions become unbearable i.e. being bullied by another tenant, or you are just not happy there? What is your "Estate's" financial responsibility if you pass away before the lease ends?

### <u>Presenter:</u> Christine Baldry – MSW

Christine has worked in hospitals, CLSCs, CHSLDs, and community organizations in both Québec and Ontario, as well as in the United Kingdom.

### 10:20 -10:45 Health Break / Kiosk Visits

### 10:45 -11:05 Understanding the Role of the Public Curator: Your Last Resort!

How to avoid being declared "incapacitated" and what steps can we take in advance to protect ourselves. Incapacitated: Unable to care for oneself and or manage one's affairs. The difference between tutor or temporary representative. Understanding "assistance measures". What is a "Protected Mandate"?

<u>Presenter:</u> Ura Greenbaum, LLL - Long-time advocate for ind. & families under the Public Curator

11:05 -11:15 Question and Answer Period

### 11:15 -11:40 "I Must Get My Affairs in Order!" or: How Such Became "Famous Last Words!"

This presentation will address the critical need for seniors to proactively organize their affairs in anticipation of death or legal incapacity. Drawing from over 50 years of legal practice in Montreal, Maître Gold will explore why the common refrain "I must get my affairs in order" often remains unfulfilled, leaving families to navigate complex legal and financial minefields.

Centering on Gold's Top 10 To-Do List for Seniors (2025) - a systematic checklist covering essential areas from estate documents and health directives to intellectual property and funeral planning - this structured presentation will provide seniors with clear direction on what needs to be done and where to begin.

### Presenter: Maître Allan Gold, B.A., B.L.C.

With over 50 years of legal expertise to his practice, specializing in commercial-corporate law, civil/elder law, and litigation, Maître Gold is an attorney, author and retirement counselor.

11:40 -11:50 Question and Answer Period

### 11:50 -1:20 Catered Lunch and Kiosk Visits

\*Catered lunch and refreshments will be provided to all conference registrants\*

**1:20 - 1:25** Welcome and Housekeeping

# 1:25- 1:45 Not Satisfied with Your Healthcare Experience? What You Need to Know About Making Complaints and Resolving Problems.

## Presenter: Ms. Lise Doiron, Associate Service Quality Complaints Commissioner, Office of the Service Quality Control Commissioner.

Documents that need to be completed in advance, what to avoid. What to do if you encounter a problem.

1:45 -1:55 Question and Answer Period

### 1:55 -2:15 Hearing Challenges and Resources: Pathways to the Different Levels of Services.

What rebates can you access and when do you qualify for financial support from the provincial government? What resources and tools are available to address these challenges?

### <u>Presenter:</u> Heidy Wager, Executive Director, Hear Entendre Québec

2:15 – 2:25 Question and Answer Period

### 2:25 - 3:05 Understanding the Role of the CLSCs

Since everyone wants to remain in their homes as long as possible, what services can your CLSC provide to make this happen? With many on a waiting list for Family Physicians, what solutions can we find?

### <u>Presenters:</u> Farat Joachim, Bsc. N.

Coordonnatrice intérim des process d'accès de la Premier Ligne

### 3:05 - 3:15 Question and Answer Period

### 3:15 - 3:35 The Benefits of Intergenerational Programs & Fighting Ageism

### <u>Presenters:</u> Tracie Swim, Co-Founder and Director WIN Intergenerational Network

Successful intergenerational projects and the benefits for our youth and our seniors.

**Dr. Linda Dyer, PhD,** Concordia University

Age-related stereotypes and how they can impact the self-esteem of late-life employees.

- 3:35 3:45 Question and Answer Period
- **3:45 3:50** Housekeeping
- 3:50 4:15 Performance: THE RAGING GRANNIES
- 4:15 4:45 Performance: ALLEGRIA TRIO
- 4:45 5:00 PRIX DE PRÉSENCE | Wrap Up & Collect Evaluation Forms

\*The full-day conference will be completely hearing accessible\*
Hear Entendre Québec staff and volunteers will be present to assist with accessibility devices.



## Legal Matters Affecting Seniors: Understanding Your Rights

Registration: www.seniorsactionquebec.ca

https://forms.gle/LUjBLWYur1bhxqdg7

Date: Saturday, October 4<sup>th</sup> 2025

<u>Time:</u> 9:00 AM – 5:00 PM // Doors Open at 8:30 AM

Venue: Le Nouvel Hotel

1740 René Lévesque Blvd West Montreal, Quebec, H3H 1R3

<u>Transportation</u>: On-site paid parking available at Le Nouvel Hotel

Guy-Concordia or Lucien-L'Allier Metro / Bus No. 150

Activities: Thought Leadership, Kiosk Browsing, Food, Entertainment, Accessibility

#### **GOLD SPONSOR:**

